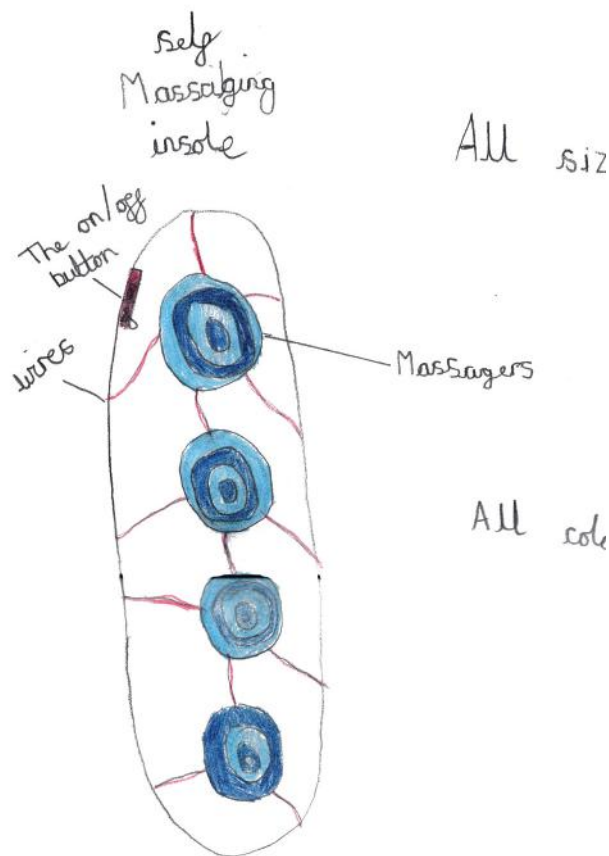




# IF YOU WERE an **ENGINEER** What WOULD YOU DO?®

**Tees Valley Leaders Award 2019**  
**Winner, Year 5**

## Self-Massaging Insole



**Name:** Macey Rowbotham  
**Gender:** Female  
**School name:** Jesmond Gardens Primary School  
**Year group:** Year 5

The '**Self-Massaging Insole**' is a shoe insole that massages the feet of the wearer either during a busy day walking around or when relaxing at home. Simply slip on the insole and switch it on for the foot massage to begin.